



To: CISD Board of Trustees
Dr. Michael McFarland

From: Paige Williams BSN RN
The School Health Advisory Committee

Re: Annual Board Report: School Health Advisory Committee (SHAC)

Date: May 7, 2018

The School Health Advisory Committee (SHAC) is a local group of individuals who represent different segments of the community. The SHAC plays an important role in communicating the connection between health and student learning to parents, school administrators, and community stakeholders. They help reinforce health knowledge and skills children need to be health for a lifetime. When children are getting better nutrition and exercise, they will perform better at school.

Members for 2017-2018

- a. Paige Williams BSN RN, Coordinator of District Health Services, Chairman of the SHAC
- b. Stan Swann, Chief of Student Services, Administration Liaison
- c. Darla Simmank, parent and community member
- d. Shannon Walthall, parent and community member
- e. Jennifer Bellamy, parent and community member
- f. Pam Darby, parent and community member
- g. Monicole Brown, district nurse, parent, and community member
- h. Theresa Paschall, Coordinator of Counselors for CISD
- i. Pat Panek, Director of Safety and Security for CISD
- j. Bonnie Barksdale, Education Foundation and parent
- k. Kim Brantley, Physical Education teacher at Deer Creek Elementary
- l. Betty Lewis, Coordinator of Parent Involvement for CISD
- m. Judge Gary Ritchie, Justice of the Peace, Court 6 in Tarrant County
- n. Adra Anderson, Family Engagement Specialist
- o. Kati Tollison, Community in Schools
- p. Crystal Polk, Project Director for 21st Century
- q. Julie Hepler, Community services Administrator for the City of Crowley
- r. Elisha Bury, Aramark
- s. Craig Robinson, Aramark
- t. Tracy Brandenburg, Assistant to Health Services Coordinator, community member
- u. Krystal Coldren, Curriculum Liaison



- v. Tamaria Moss, Texas Health Resources Representative and parent
- w. Kelvin Baker, Maximus/HHSC Representative

Meetings:

The first meeting was held on November 9, 2017. Sixteen SHAC members were in attendance. The meeting was opened with a welcome to new members, a quick review of meeting guidelines were presented, and the purpose of a district SHAC was explained. Bonnie Barksdale gave an update on the Chisolm Trail 5K that had happened the past weekend. There were 190 participants and Bess Race Elementary lead the group with the most runners. Ararmark was complimented for the food they provided for race day. Mrs. Barksdale explained that this event pulls together students, teachers, and families. Looking ahead, the SHAC would like to participate and support the 5K event. At this time, the members were asked to discuss at their table what ideas or initiatives that they knew of to be important in the development of joining our community and school district together for the success of the children. Mr. Swann's group focused on the social and emotional concerns, Mr. Panek's group discussed the new app *Friends for Life*, and Mrs. Paschall's group discussed how to help students make good mental health choices. Ms. Polk shared that the Tarrant County Food Bank had served almost one thousand people during the October pantry. The meeting was adjourned at 9:55am.

On January 18, 2018, the SHAC meeting was attended by thirteen members. The SHAC reviewed the last meeting notes and received an overview of the influenza concerns in Tarrant County along with how CISD was proactively monitoring and cleaning to minimize spread of the virus. The counsel was given several choices of initiatives that we could get behind, support, and also complete by the end of the school year. The Chisolm Trail 5k promotion for next year, the Victory over Violence Run in April, social and emotional programs, Fit for Life app, and a few other suggestions were discussed. It was decided that for this school year, we would move forward with plans to participate in the Victory Over Violence Run in memory of two Crowley employees that died in recent months as well as students that CISD has lost to violence.

On January 27, 2018, I represented Crowley ISD and the SHAC at the Annual Health Fair at the Crowley Recreation Center. The health fair committee had asked that I offer hearing screening, however due to the noise level that was not possible. It was a fantastic opportunity to meet community members and district parents.

In our meeting on February 15, 2018, we had a speaker come from *Choosing the Best Publishing* to help start researching a health curriculum. Jeff Friedel, from Atlanta, Georgia presented an abstinence centered program. During the next school year, one of the committee's goals will be to present a health curriculum to the board. Twelve members were present, and a productive discussion followed the presentation.



In April, we prepared for the Victory Over Violence walk. It was a busy time with an interview on NBC5, several publications and tee shirts sales. The Crowley ISD staff, students, and families were given the opportunity to join the Crowley ISD team and support the Women's Center of Fort Worth. Aramark gave a donation of \$250.00 to start the printing of the pink shirts. There were 120 people that directly signed up with the team and several more signed up, they just had not added the team name. Krista's mother and her sons were signed up and given tee shirts to participate. They were honored and thrilled to be a part of this event. The morning of the walk was too cool for her and the boys, but she hopes to join us next year. We were in touch with Michelle Johnson's youngest daughter. Tee shirts were mailed for Trinity and Emily and we are hopeful they will be able to join us next year. It was a beautiful day with an incredible group of people. The meaning of the design is representative of both former employees. Krista loved the poem about the pineapple standing tall with a crown and being sweet on the inside. Michelle was known as one of the best teachers in Texas for the visually impaired. We added the glasses and walking stick for her.

For our last meeting, Francine McQueen, CISD graduate, CISD parent, and employee of the Women's Center presented to the SHAC about the functions and services that they provide. The center offers counseling to women and men, they provide a change of clothes and someone to hold the hand of a victim who has been sent to the emergency room by an abuser, and many other amazing services. For Crowley ISD, our students receive the benefits of *Play it Safe* teaching completely free of charge. This program, designed by the Women's Center, is presented to all grade levels each year by volunteers of the center. Theresa Paschall has reported approximately 50 outcries that have been made by students as result of this program. *Play It Safe* has had a remarkable effect on Crowley ISD students.

Goals for the SHAC:

1. The committee will take an active part in supporting and promoting the Chisolm Trail 5k for the Education Foundation.
2. The committee will continue to research a Health Curriculum.
3. The committee will again promote and support the Victory Over Violence walk in an effort to bring the district and community together.



Here is the article that was printed in the Women's Center newsletter:

Crowley ISD is Turning a Year of Trauma into a Tribute at 2018 Victory Over Violence

On April 8, 2017, one Crowley ISD employee participated in The Women's Center's annual Victory Over Violence Walk/Run. Six months later, in September 2017, she would lose her life as a result of intimate partner violence.

On April 24, 2017, Crowley ISD a special education teacher would also lose her life as a result of intimate partner violence. In a span of less than 6 months, the district would experience the loss of two employees – both of whom many described as beautiful and loving.

This year, the District's Coordinator of Student Health, Paige Williams and the district SHAC Committee chose to pay tribute to those lives by forming a team to participate in the Center's 2018 Victory Over Violence Walk/Run, which will take place on **Saturday, April 14, 2018 at the Duck Pond at Trinity Park**. Said Williams, "I think over the years, several of our staff have participated, but it was important to us that the District have a coordinated effort in forming a team. We want to support this cause."

Colleague Theresa Paschall, Coordinator of Counseling Services at Crowley ISD, couldn't agree more. "I think that with all of the things going on in the world, it is proactive to at least contribute to the awareness that violence is not ok! This is double fold, not just for the people we've loved and lost, but we have an incredible partnership with The Women's Center where you guys touch every single student in Crowley ISD with a message of healthy lifestyles and safe living," said Paschall.

That message is communicated to all students within the Crowley ISD through the Center's Play it Safe!® Program, which teaches children and adolescents how to recognize, respond and report sexual and physical abuse, and it's a partnership that spans several years. Mrs. Paschall was ultimately responsible for making the program mandatory in the district. "I just thought, we've got to have this! It becomes one more thing that we are putting in the students' toolbox for keeping them safe, or if they have been violated or harmed, getting them to a safe place. If they are not safe, they're not learning. We won't always be able to identify and help every student that is being abused, but we're sure going to do everything we can to try!"

Play it Safe!® became mandatory in all 23 schools within Crowley ISD in **2014**. Since then, 47 students have made outcries of abuse or violence. According to Paschall, “If it weren’t for Play it Safe!®, there would some opportunites for students to make an outcry missed. Many of the outcries were from kids that were not on the school staff’s radars. Play it Safe!® helped us intervene.” The partnership is a strong statement of how much CISD is embracing healthy relationships. “The recent incidents of violence brought an awareness to students of the signs of violence, even in their own lives. So, through Play it Safe!®, they are learning preventative measures and what healthy relationships look like. In light of the violence we’ve seen, I think our administration, teachers and counselors are even more supportive and have a different appreciation for the impact of Play it Safe!®” says Paschall.

Proceeds from the Victory Over Violence Walk/Run are used to support Play it Safe!®, as well as to provide a continuum of care that helps survivors as they navigate their journey towards healing. To register for the Walk/Run or for more information, visit the website: <https://www.vovfw.org/>

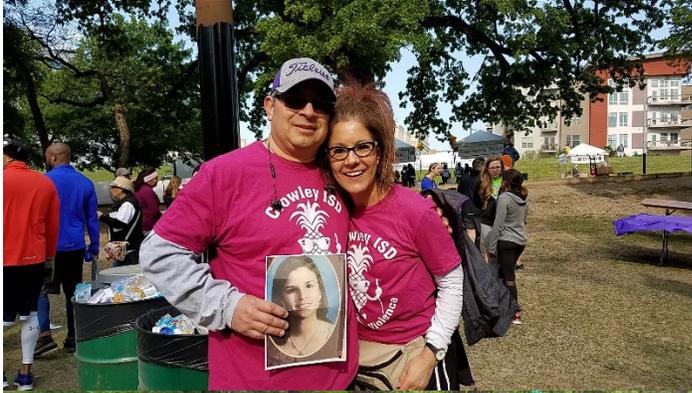






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